



# ARTS & HEALTH

## Free Community Information Session

Tuesday 22 November 2016, 5.30 – 7.00pm  
The Centre, Chisholm Street Wangaratta

### FREE TO ATTEND

For further information or to register  
contact Maz McGann on  
info@instituteformcreativehealth.org.au  
or 0438 807 973



Proving that arts contribute  
to health and wellbeing



Presented by The Institute for Creative Health in partnership with the Centre Against Violence, this session will provide an overview of how the arts and music is being used in professional health and welfare settings. **If you are an ARTIST COMMUNITY WORKER or HEALTH PRACTITIONER come along** and find out more about arts and health projects and the growing body of research in the field.

**MENTORSHIPS:** The Institute for Creative Health and the Centre Against Violence are collaborating on a project called Out of the Shadows, which is trialing arts and music programs in Family Violence support services. The project includes music and health mentorships with interested musicians encouraged to attend this session and complete an Expression of Interest Process.

**The Out of the Shadows Project is supported by the Goodridge Foundation.**